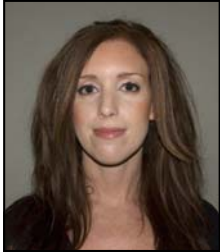


# Massage Therapists Estheticians, Nail Technicians Certified Professional Spa Staff



**Jennifer Wells**  
Spa Coordinator, Esthetician  
Certified Massage Therapist

Jennifer graduated from the Flint School of Therapeutic Massage, where she then became a Certified Massage Therapist. Her specialties include Swedish massage, trigger point, muscle isolation, reflexology, pregnancy and infant massage. Having trained in both clinical and relaxation massage, Jennifer can modify each session to meet the needs of each client. Along with Massage therapy, she is also a Reiki practitioner and holds a bachelor's degree in psychology. Jennifer is also a Licensed Esthetician. She graduated from the Brighton School of Cosmetology and Advanced Esthetics where she trained in both basic and clinical skincare techniques.



**Patrick Taylor**  
Lead Service Provider  
Certified Massage Therapist

Patrick received his bachelor's degree in exercise science and psychology from Michigan State University with an emphasis in athletic training. He interned with MSU's Strength and Conditioning program, and taught the highest level of weight training classes. He is a certified Personal Trainer through the National Strength and Conditioning Association. Patrick is also a Certified Massage Therapist from Lansing Community College. Since 1996, Patrick has specialized in injury rehabilitation, clinical massage therapy, and integrated training and massage programs to speed healing and results.



**Kelly Lane**  
Certified Massage Therapist

Kelly has been a practicing certified massage therapist since 1998. She received her training and certification from Lansing Community College. She became nationally certified in Therapeutic Body Massage in 2006. Kelly also has attained a Bachelor of Science in Kinesiology, specializing in Athletic Training from Michigan State University. The massage therapy techniques that Kelly utilizes are Swedish, Sport, Clinical, Trigger Point Release, Myofascial Release, and Muscle Energy.



**Ashley Matson**  
Certified Massage Therapist

Ashley is a board certified massage therapist and graduate of the massage therapy program at Lansing Community College. Her specialties include Swedish massage, therapeutic/orthopedic massage, and sports therapy.



**Terri Rase**  
Certified Massage Therapist

Terri Rase is the U-Club Spa's newest massage therapist. She develops specialized treatments that best meet the needs of her clients, whether they want their muscles to perform better for athletics, are suffering from an ailment, or simply need relief from stressful lives. Terri received her training and certification from the Flint School of Therapeutic Massage. This intensive program demands over 600 hours of hands-on training before certification, including Swedish Massage, Polarity, Reflexology, Sports Massage, Trigger Point Therapy, I.N.I.T, Muscle Energy Techniques, Myofascial Release, Pre-natal Massage, and Basic Shiatsu. Terri then continued with 600 additional hours in Medical Massage training.



**Deborah Quinnan**  
Esthetician & Nail Technician

Deborah completed her lifelong dream and became a Licensed Esthetician and Nail Technician in 2005. She enjoys helping others take great care of their skin and excels in educating members in the proper skin care regimens for all skin types. Her passion for creating a relaxing and rejuvenating spa experience adds a personal touch to each of her treatments.